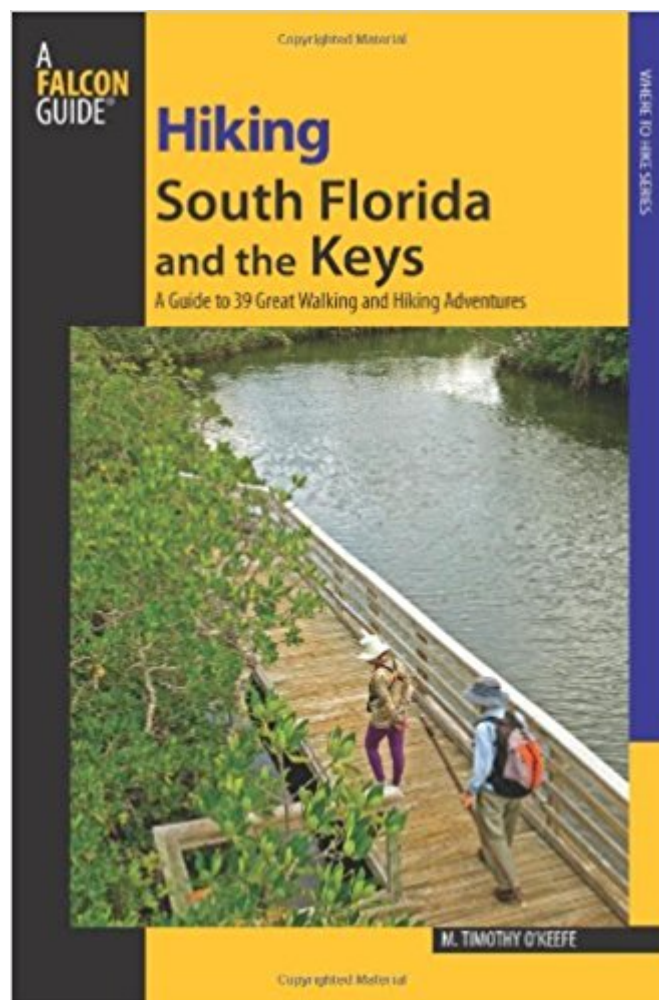




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Hiking South Florida And The Keys: A Guide To 39 Great Walking And Hiking Adventures (Regional Hiking Series)



Synopsis

Hiking South Florida and the Keys features thirty-nine of the finest trails the region has to offer, from wet cypress swamps to dry pinewood forests. Four sections—Short Family Hikes, Day and Overnight Hikes, Long Haulers, and Walking the Florida Keys—comprise this user-friendly guide. M. Timothy Oâ€™Keefe shares his top hikes in twenty-three prime areas, including Corkscrew Swamp Sanctuary, Ding Darling National Wildlife Refuge, Jonathan Dickenson State Park, Everglades National Park, Big Cypress National Preserve, John Pennekamp Coral Reef State Park, and National Key Deer Refuge. Each hike includes all the information you need to make the most of exploring South Florida and the Keys on foot. Look inside to find:

- Hikes suited to every ability
- Directions to the trailheads
- Comprehensive trail descriptions, maps, and elevation profiles
- Mile-by-mile directional cues
- Difficulty ratings, average hiking times, best hiking seasons, and elevation gain/loss for every featured hike
- Area-specific tips on safety, hiking ethics, plants and animals, preserving the environment, and more

Book Information

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Customer Reviews

Hiking South Florida and the Keys features thirty-nine of the finest trails the region has to offer, from wet cypress swamps to dry pinewood forests. Four sections—Short Family Hikes, Day and Overnight Hikes, Long Haulers, and Walking the Florida Keys—comprise this user-friendly guide. M. Timothy Oâ€™Keefe shares his top hikes in twenty-three prime areas, including Corkscrew Swamp Sanctuary, Ding Darling National Wildlife Refuge, Jonathan Dickenson State Park,

Everglades National Park, Big Cypress National Preserve, John Pennekamp Coral Reef State Park, and National Key Deer Refuge. Each hike includes all the information you need to make the most of exploring South Florida and the Keys on foot. Look inside to find:â € Hikes suited to every abilityâ € Directions to the trailheadsâ € Comprehensive trail descriptions, maps, and elevation profilesâ € Mile-by-mile directional cuesâ € Difficulty ratings, average hiking times, best hiking seasons, and elevation gain/loss for every featured hikeâ € Area-specific tips on safety, hiking ethics, plants and animals, preserving the environment, and more

M. Timothy O'Keefe, head of the Journalism division at the University of Central Florida, has published 13 books, over 1,000 magazine articles and more than 5,000 photographs. His work has appeared in several National Geographic books, National Geographic Traveler, Time-Life Books, Newsweek, Chicago Tribune, New York Times, Scientific American, Travel & Leisure, Caribbean Travel & Life, Reader's Digest Magazine, and Reader's Digest Books. O'Keefe's writing and photography have won more than 50 regional and national awards. The Florida Outdoor Writer's Association (FOWA) named his Seasonal Guide to the Natural Year: Florida with Georgia and Alabama Coasts "Best Book" of 1997. The following year, FOWA named The Spicy Camp Cookbook (Menasha Ridge Press) as the "Best Book" of 1998. Tampa Bay Magazine has called him "Florida's premier wildlife photographer and writer."

The Digital edition which I tried to use on my Android smart phone was not as useful as the actual paper edition of the book. The paper edition has good maps, details as to how to get to the trails, and even what mode of travel will be used whether it be kayak, canoe, or hiking. For someone who thought that the only way to enjoy a good hike in FL was to go to the northern part of the state and panhandle, this book was a real eye opener to all of the neat trails here in southern FL. If you live in South Florida, I would recommend this book. If you are planning an outdoors vacation in South Florida I would recommend this book. I freely admit that I am new to backpacking, and I am by no means an Expert. One last thing I really like about this book is that it is all of South Florida, not just the East Coast, or just the West Coast, or the keys, but all of it.

The book is well written, with clear descriptions of the hikes and good directions to the trailheads, but it was limited in scope and skipped a lot of nice but more obscure trails in the region. This is a shame because there just aren't a lot of trails down here. It would be good for beginners and short term tourists, I suppose, but locals and frequent visitors who have done all the included trails should

search out other resources, especially on the Web.

I was hoping for a map for direct walking path from Miami to Key West. It has a lot of side activities.

Nice guidebook. Well worth having.

This book was helpful in finding different places to explore in Florida. We used the Kindle version.
The maps were helpful.

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